

**Today we are going to talk about  
energy and water saving measures**

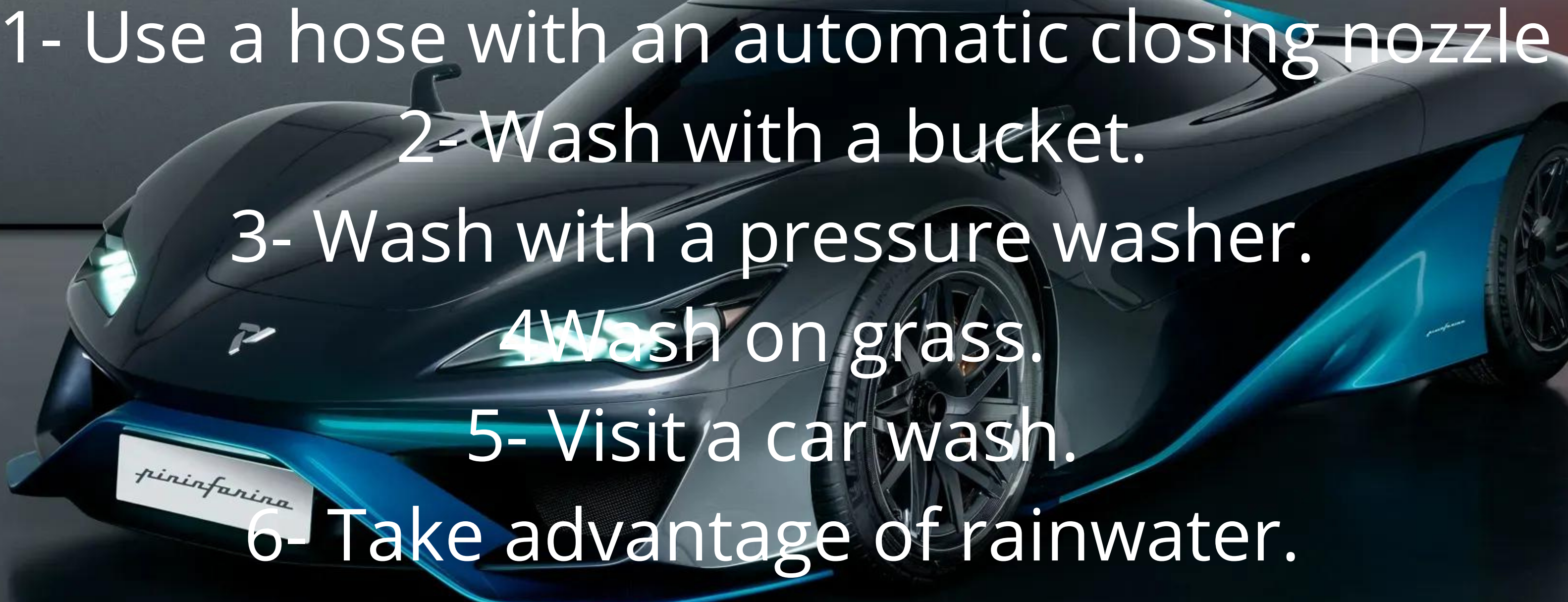
WHERE?



## **At home-**

Turn off the tap while you lather your hands or brush your teeth. Sparely fill the sink when shaving instead of letting the water run

# In the car-

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- 1- Use a hose with an automatic closing nozzle
  - 2- Wash with a bucket.
  - 3- Wash with a pressure washer.
  - 4- Wash on grass.
  - 5- Visit a car wash.
  - 6- Take advantage of rainwater.
  - 7- Reuse the washing water.

# At work

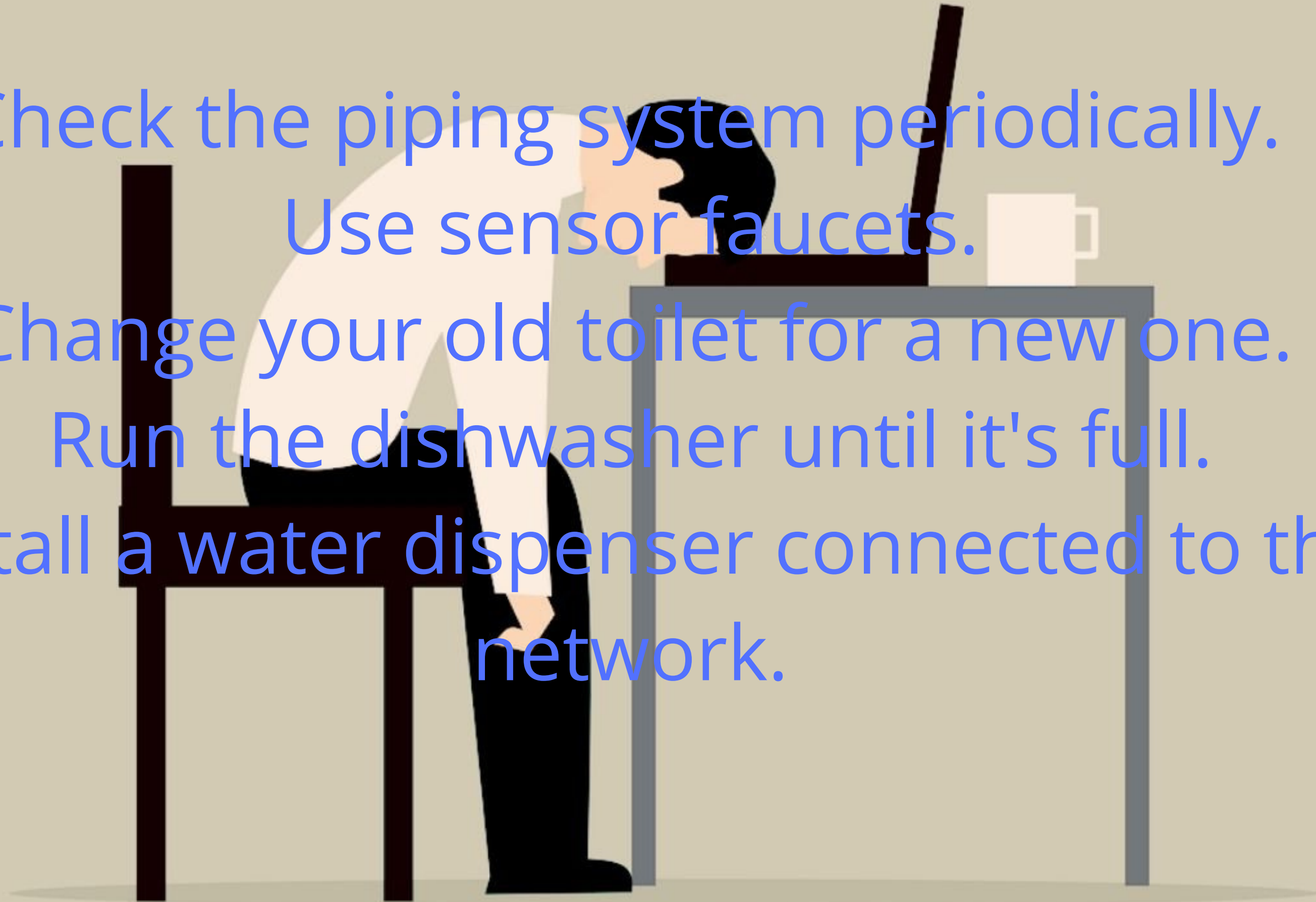
Check the piping system periodically.

Use sensor faucets.

Change your old toilet for a new one.

Run the dishwasher until it's full.

Install a water dispenser connected to the network.





# In the countryside

HIGH-TECH IRRIGATION SYSTEMS.

DRIP IRRIGATION SYSTEMS FOR POOREST REGIONS.

WATER STORAGE IN DRY REGIONS.

SEWAGE TREATMENT.

AQUAPONICS: COMBINATION OF AGRICULTURAL TECHNIQUES.



**WHEN?**

# IN THE SUMMER OR SPRING

**Carry out full loads in the washing machine or dishwasher, thus reducing its use and the associated energy cost.**



# In Winter or Autumn

**Do not leave taps running uselessly while shaving or brushing teeth. Prevent drips and leaks from faucets. The simple dripping of a tap in the sink means a loss of 100 liters of water per month.**





# ELECTRICITY SAVING MEASURES



WHERE?



USE LED LIGHTS INSTEAD OF  
INCANDESCENT BULBS. REMEMBER  
THAT LED LIGHTING CONSUMES UP  
TO 80% LESS ENERGY. LED BULBS  
LAST MUCH LONGER THAN  
INCANDESCENT BULBS.

SCHOOL





NATURAL LIGHT. THE SUN'S RAYS, IN ADDITION  
TO HEATING THE HOUSE, ARE A SOURCE OF  
NATURAL LIGHT THAT REDUCE OUR  
DEPENDENCE ON ARTIFICIAL LIGHTING.  
THEREFORE, OPEN THE CURTAINS AND BLINDS  
DURING THE DAY TO TAKE ADVANTAGE OF  
THEM.

INVEST IN LOW CONSUMPTION  
POWER STRIPS

A photograph of a person with long brown hair, wearing a white shirt, sitting at a desk and working on a laptop. The person's face is partially visible in profile. The background is a blurred office environment. A large, bold, black text 'WORK' is superimposed over the center of the image.

WORK

KEEP THE LIGHTS OF THE WORK  
SPACES THAT WE DO NOT USE  
OFF.

MAKE THE MOST OF  
NATURAL LIGHTING AND DO  
WITHOUT TURNING ON THE  
LIGHT

WHEN?



A vibrant field of colorful flowers, including red, yellow, and purple blooms, stretches across the foreground. The background features a bright blue sky with scattered white clouds. The overall scene is a cheerful representation of spring or summer.

SUMMER AND  
SPRING

CLEAN THE AIR CONDITIONER  
THAT ARE OUTSIDE

REDUCES THE TEMPERATURE  
IN THE HOT WATER TANK.



# WINTER AND AUTUMN

OPTIMIZE THE HOURS  
OF SUNSHINE.

USE ENERGY-SAVING  
LIGHT BULBS.





**FIN**